# FAQs

If I take part in this project, will my information be kept confidential?

Yes, any information you provide will be given a unique code in order to protect your identity.

### Will this help me?

While you will not receive any individual results, by taking part in this project you will be making a valuable contribution in helping to develop better treatments for psychiatric and neurological disorders in the future.

### Is there a downside to taking part?

It can be slightly uncomfortable giving a biological sample, but we use the same procedures as NHS clinics and doctor's surgeries.

#### What if I no longer want to take part?

You have the right to withdraw some or all of your information from the BioResource project at any time. Your health care will not be affected if you decide you no longer wish to take part.

#### Who is organising and funding the study?

The National Institute for Health Research Biomedical Research Centre for Mental Health and Dementia Unit at the South London and Maudsley NHS Foundation Trust, the Institute of Psychiatry, King's College London.

## **Contact us**

Want to find out more about our BioResource project? We welcome enquiries from volunteers or potential volunteers and the research community.

#### FREEPHONE-0800 9951 999 or 020 7848 5381

The team is available between Monday-Friday, 9am until 5pm. Outside of these times, please leave a message and we will get back to you.

## Email <a href="mailto:bioresource@kcl.ac.uk">bioresource@kcl.ac.uk</a>

Visit our website bioresource.nihr.ac.uk



# Follow us on Twitter <u>@bio\_resource</u>



## The BioResource project is part of the

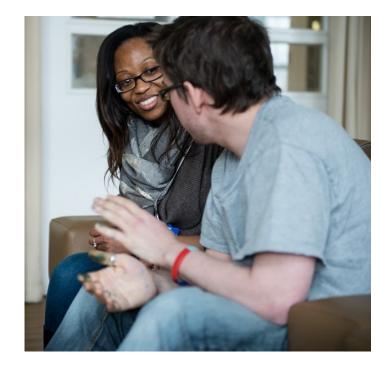
Biomedical Research Centre for Mental Health and Dementia Unit

at South London and Maudsley NHS Foundation Trust and the Institute of Psychiatry, King's College London

# NIHR BioResource for Mental Health

National Institute for

Health Research



I II III IIII III KING'S HEALTH PARTNERS

NIHR BioResource for Mental Health brochure - November 2013





# Discover

# What is the BioResource?

A BioResource is a library of biological (e.g. blood), clinical (e.g. medical records), and neuroimaging (e.g. brain scans) information that can be used for scientific and medical research purposes.

Our aim is to collect this information from 50,000 volunteers by 2017. We hope that this huge library of information will improve our understanding of different psychiatric and neurological illnesses. This will enable us to develop innovative treatments more quickly in the future.

# How can I help?

If you agree to help us with this project, we will ask you for a biological sample. This may be a blood, saliva, hair, urine or skin sample.

We will ask for your permission to access your medical records. We will also ask whether you would like to be contacted about research in the future.

# Who is eligible to participate in the BioResource project?

Anyone who is NHS registered can take part in the project. This includes those receiving treatment, their family members and the general community.

# Develop

# What can I expect during this process?

First, a researcher will go through the study information and consent form with you and answer any questions you have. If you are happy to take part, you will be asked to sign a consent form. We will then ask you to provide the biological sample.

Depending on the type of sample you are providing, it may be done there and then, or we can arrange another appointment for you. Self-collection saliva kits are available if you would prefer to send your sample at your convenience.

Your biological sample, together with any clinical information you provide, determines which future research studies you may be invited to participate in.

# What sort of things will the BioResource help with?

The BioResource is already making a difference! Researchers are currently analysing our volunteers' blood samples to help them understand more about Parkinson's Disease, Dementia, Motor Neurone Disease, Schizophrenia and Psychosis. These are just some of the ways the BioResource will help to support research for many years to come.

Having a library of information that is ready and waiting in the BioResource means that valuable research can start as soon as studies have been approved.



# Deliver

## How do I volunteer or find out more?

There are several ways to find out more and be involved with this project.

You can call us on:

#### FREEPHONE 0800 9951 999 or 020 7848 5381

The team is available between Monday-Friday, 9am until 5pm. Outside of these times, please leave a message and we will get back to you.

#### Email us at bioresource@kcl.ac.uk

or

Visit our website bioresource.nihr.ac.uk