

Developing clinical informatics for mind and brain health in Cambridge



UNIVERSITY OF
CAMBRIDGE

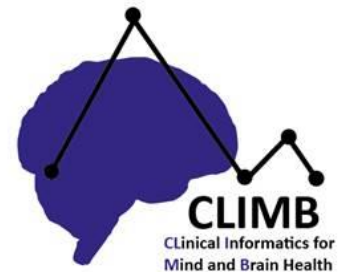


Cambridgeshire and
Peterborough
NHS Foundation Trust

wellcometrust



*National Institute for
Health Research*



Rudolf Cardinal

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Honorary consultant liaison psychiatrist, Cambridgeshire &
Peterborough NHS FT / Cambridge University Hospitals NHS FT

Thu 6 Dec 2018, KCL BRC / CRIS 10th anniversary; 15'

“The NHS also commits: ...

to anonymise the information collected during the course of your treatment and use it to support research and improve care for others (pledge); ...

to inform you of research studies in which you may be eligible to participate (pledge)”

Overview

CPFT clinical records

Visible to clinicians.

Researchers can only see records of patients who have given their permission for this.

Mrs Sarah JONES
Born 28 August 1937, female
6 The Mews, Fictionville
CPFT number 54321

Alzheimer's disease
Taking donepezil 5 mg at night
Memory score 23 this week

Mr John SMITH
Born 21 April 1970, male
13 Westport Lane, Doodletown
CPFT number 65432

Depression
Taking venlafaxine 150 mg per day
Much better, but one panic attack last month

Removing information that could identify an individual (such as names, addresses, exact dates of birth, and hospital/NHS numbers)

CPFT research database

Accessible only to researchers conducting research approved by CPFT.

XXXXXXXXXX
Born XXX August 1937, female
XXXXXXXXXX
CPFT number XXXXXXXXX
Research ID 68926
Alzheimer's disease
Taking donepezil 5 mg at night
Memory score 23 this week

XXXXXXXXXX
Born XXX April 1970, male
XXXXXXXXXX
CPFT number XXXXXXXXX
Research ID 57265
Depression
Taking venlafaxine 150 mg per day
Much better, but one panic attack last month

Our phase 1 (2013→): CRIS

- **Software**

- CRIS (Clinical Records Interactive Search), from NIHR Biomedical Research Centre at KCL/South London & Maudsley NHS FT (Stewart 2009).

- **Safeguards**

- NHS ethics, Caldicott Guardian, and CPFT R&D approvals.
- Research Database Oversight Committee with service user representation.

- **Technical**

- CPFT records 2005–2012 (“CRS/CDL”) anonymised into the research database; then newer electronic records system (RiO data 2013–).
- Research Database manager appointed.

- **Research and testing**

- Pilot studies testing different aspects of CRIS functionality.
- Epidemiological research.
- Audit.
- “Consent-to-contact” methods.
- Feasibility enquiries for commercial studies.

Drug treatment of schizophrenia and admissions, 2005–2012

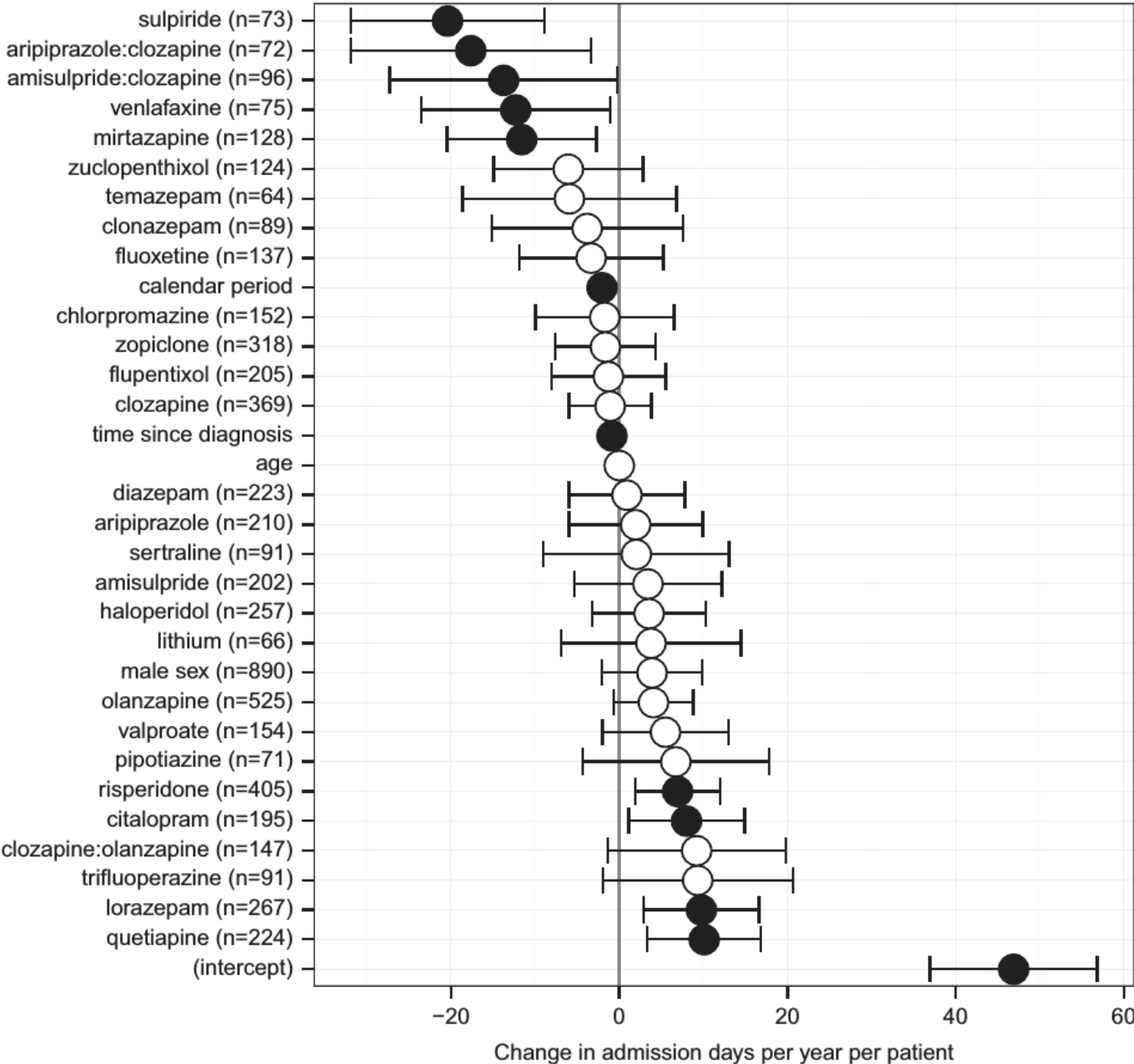
- Search on CPFT's de-identified clinical records
- Letters to GPs, discharge summaries, care plans etc.
- Free text plus simple demographic standardised data (age, sex), diagnoses, admissions
- Schizophrenia was defined as the presence of an ICD-10 code of 'F20*' at any point in a patient's recorded diagnoses
- Database queries to examine admission records
- **Natural language processing** tool (Sultana 2014) to generate drug histories
- ~**150,000** patients in the CPFT database for that time period
- ~**15,000** (about 10%) had at least one coded ICD-10 diagnosis.
- **1,485** patients had a coded diagnosis of schizophrenia.
- Sex ratio 1.73 male : 1 female.
- Age range 13–93

Association between antipsychotic/antidepressant drug treatments and hospital admissions in schizophrenia assessed using a mental health case register

Rudolf N Cardinal^{1,2}, George Savulich¹, Louisa M Mann² and Emilio Fernández-Egea^{1,2}

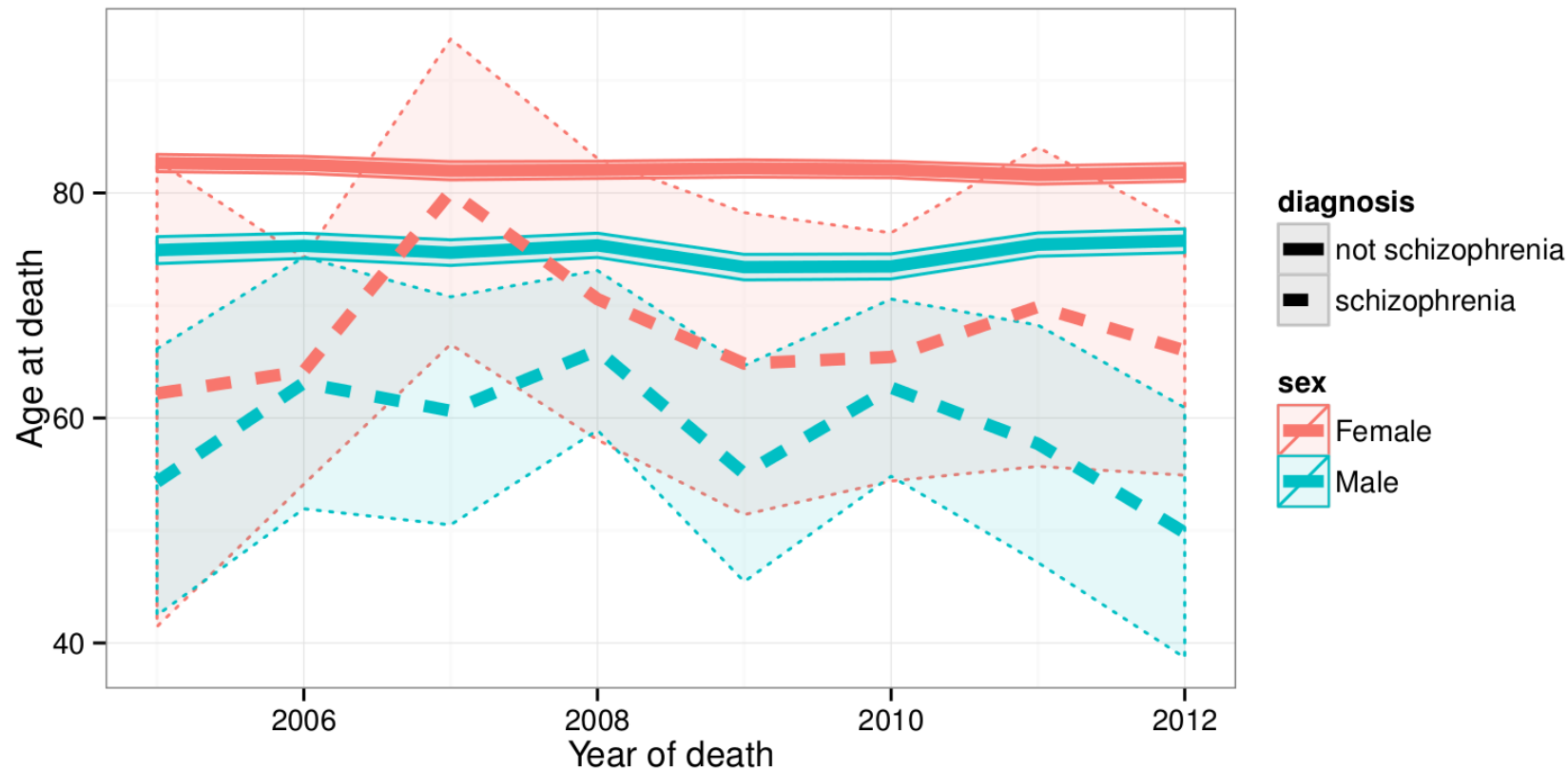


- Divide time into 6-month periods.
- Dependent variable = #days spent in hospital.
- Predictors include: drug Y/N in preceding period [via NLP]; subject; time; sex; age.



Highlighting public health concerns: life expectancy in schizophrenia

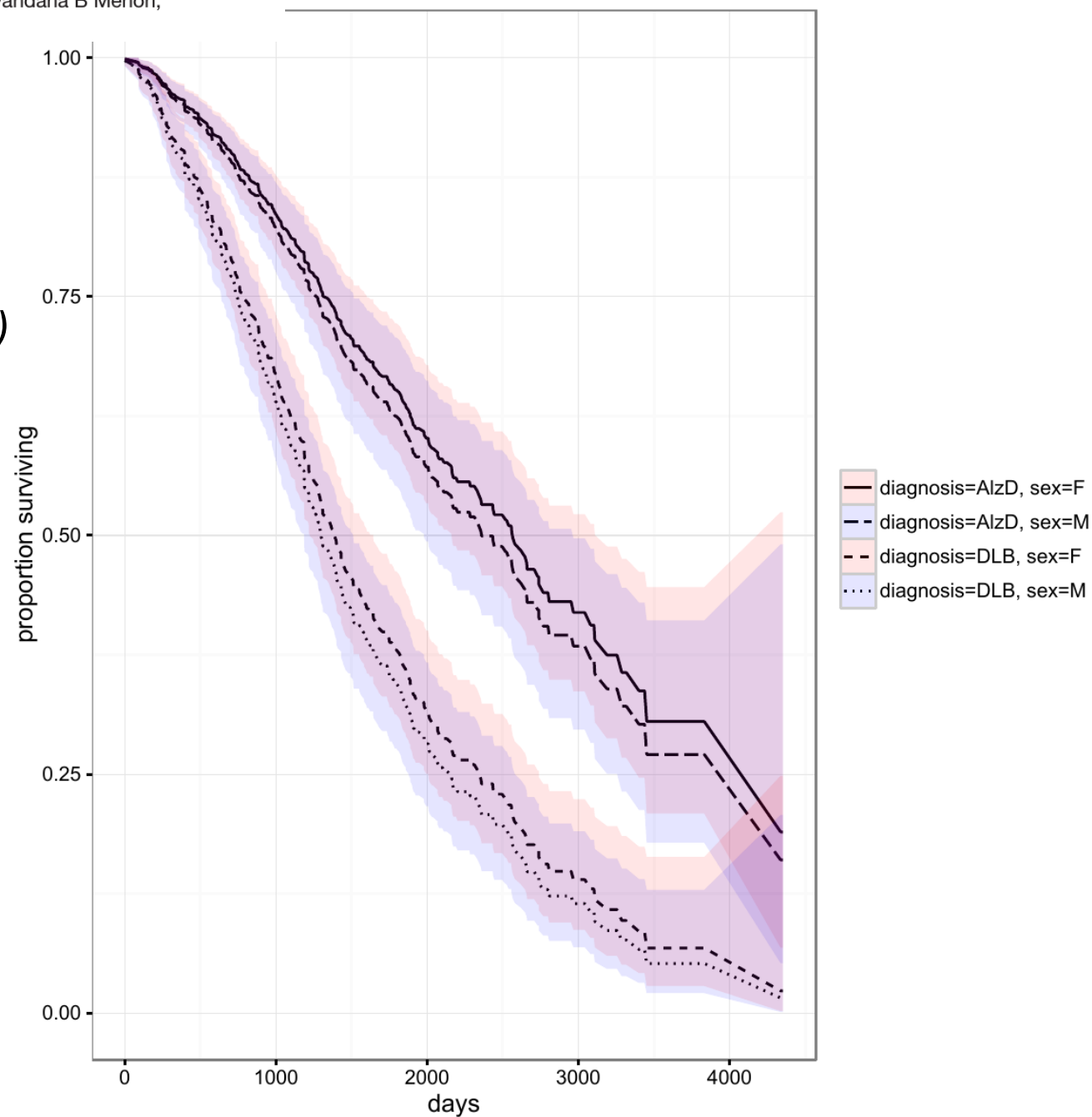
- Average age at death for all other CPFT service users:
 - male 74.8, female 82.1
- Average age at death for CPFT patients with schizophrenia:
 - male 59.0, female 67.5
- Overall, life expectancy is reduced by about 16.8 years for people with schizophrenia compared to other CPFT service users



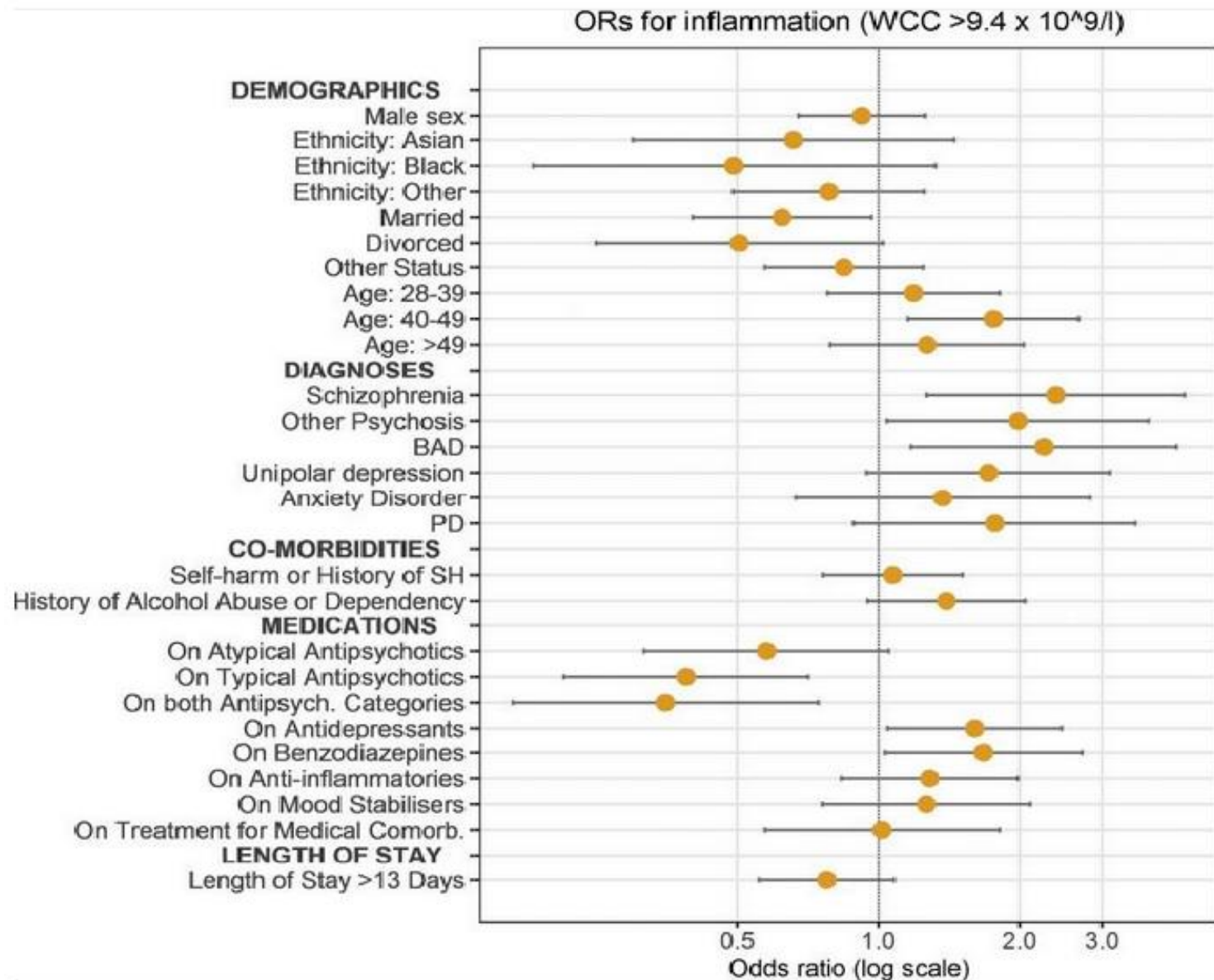
BMJ Open Mortality in dementia with Lewy bodies compared with Alzheimer's dementia: a retrospective naturalistic cohort study

Annabel Price,^{1,2} Redwan Farooq,³ Jin-Min Yuan,³ Vandana B Menon,⁴
Rudolf N Cardinal,^{1,2} John T O'Brien^{1,2}

*start = time of presentation
with cognitive impairment
(if unknown: date of diagnosis)*



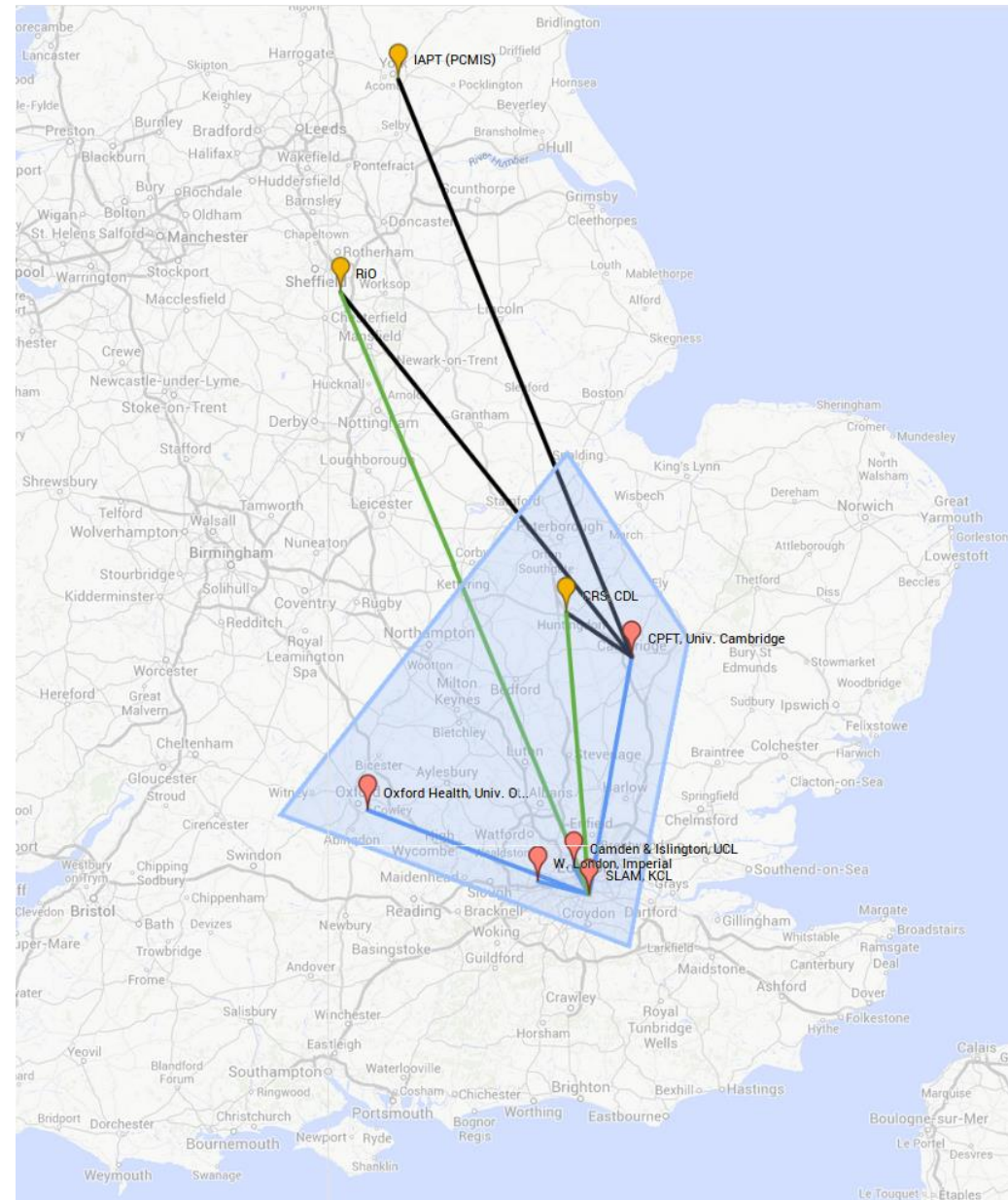
▼ Low-grade inflammation in adult inpatients on psychiatric wards (Osimo et al. 2018, *Psychoneuroendocrinology*).



Broader initiatives: universities/mental health trusts

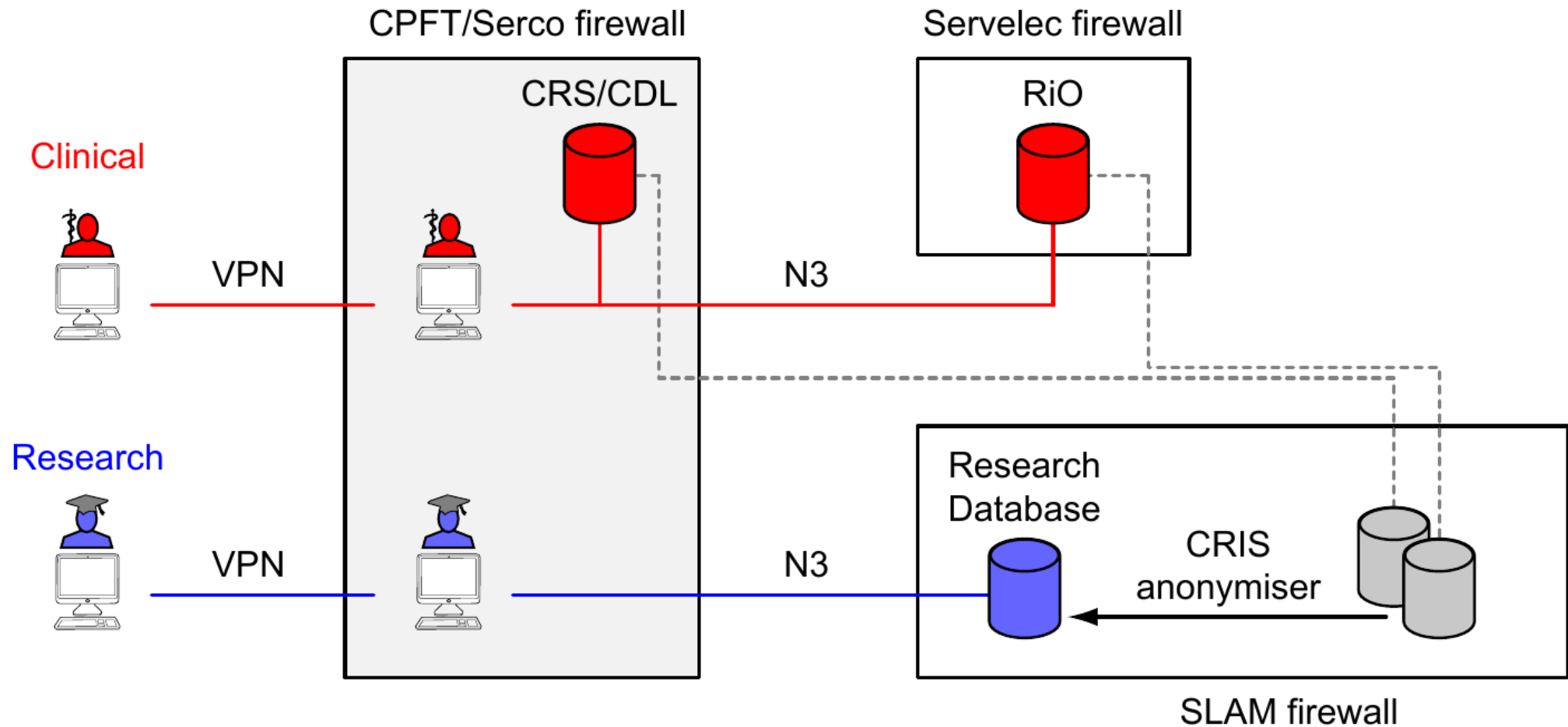
D-CRIS (Nov 2013→)

- SLaM/KCL, CPFT/Cambridge, Oxford, UCL and Imperial
- CPFT the first CRIS adopter outside SLaM
- £1m NIHR funding to increase database capacity and enhance infrastructure connections between centres



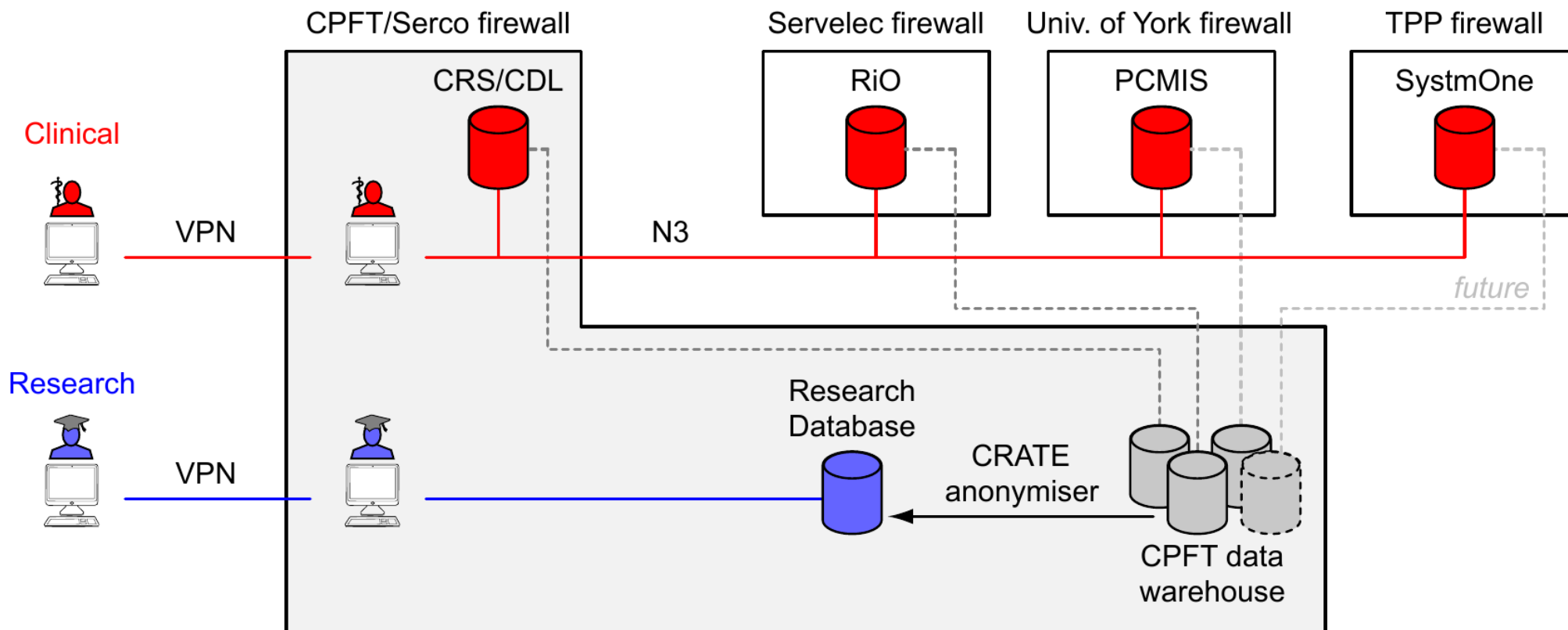
Phase 1 data flows

Via SLAM and CRIS



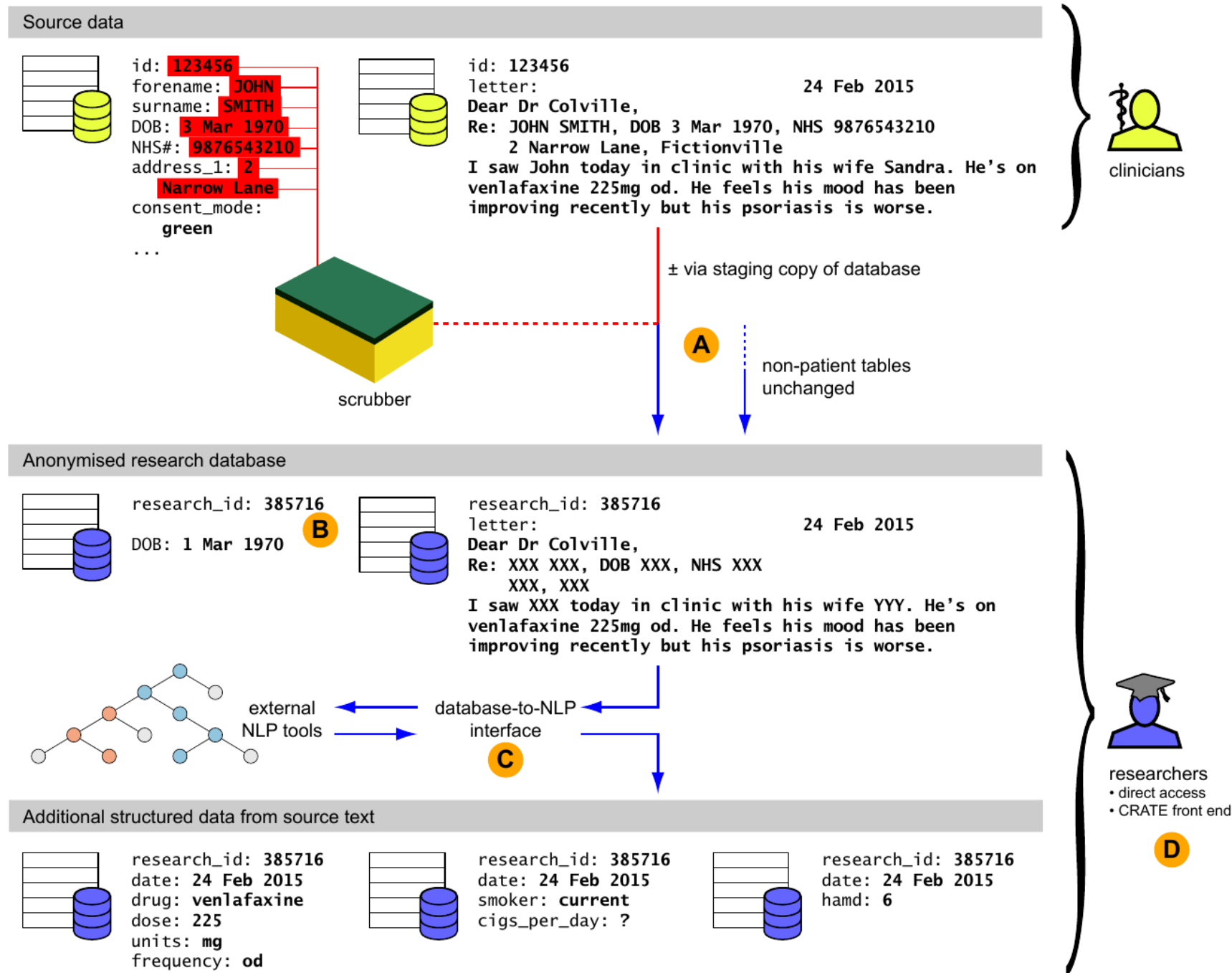
Our phase 2 (2017→): CRATE

In house via CRATE



Clinical records anonymisation and text extraction (CRATE): an open-source software system

Cardinal BMC Medical Informatics and Decision Making (2017) 17:50
DOI 10.1186/s12911-017-0437-1



CRATE

- Open-source. Python; some Java to talk to external Java NLP tools.
- Relational database, agnostic – e.g. SQL Server, MySQL, PostgreSQL.
- Preprocessors (e.g. for RiO) and auto-drafting of data dictionaries.
- Text extraction from attached documents – e.g. DOCX, PDF.
- Cryptographically secure research ID generation
- Standard NULL handling.
- Copes with typographical errors.
- Parallel processing.
- NLP interfaces and some custom NLP.
- Researchers can use (1) web front end with automatic SQL query builder, (2) raw SQL via web front end; (3) direct SQL connection.
- Our consent-to-contact system.
- Modular (e.g. anonymiser / NLP / research queries / consent-to-contact).

Table 2 De-identification performance

Metric	Condition 1	Condition 2	Condition 3
Number of words in source text (<i>n</i>)	50,274	50,274	50,274
Hits	1,392	1,326	1,116
False alarms	275	132	25
<i>For known identifiers (those recorded as structured information in the source database):</i>			
Misses	1	0	0
Correct rejections	48,606	48,816	49,113
Sensitivity = recall	0.999	1	1
Precision	0.835	0.909	0.978
<i>For all identifiers (including those not recorded as structured information in the source database):</i>			
Misses	127	125	128
Correct rejections	48,480	48,691	49,005
Sensitivity = recall	0.916	0.914	0.897
Precision	0.835	0.909	0.978

Performance of the de-identifier on the same corpus of clinical documents, with three different specimen configurations. The conditions differed in the definition of “identifying information” used, in whitelisting of geographical location, and in the method used for detecting fragments of addresses (see text; these differences lead also to variation in the number of hits counted, for example whether successful masking of an address such as “29 Acacia Avenue” was counted as one hit, if masked to “[]”, or several hits, if masked to “[] [] []”). A miss was defined as any identifier appearing in the destination text and identifiers were defined very liberally, including a single initial, so appearance of a single identifier in the destination text does not equate to identifying the patient concerned [13]



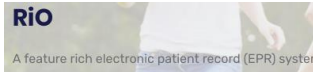



De-identification of unstructured text by CRATE.

Performance similar to published figures for CRIS (and similarly: primarily depends on source accuracy!).

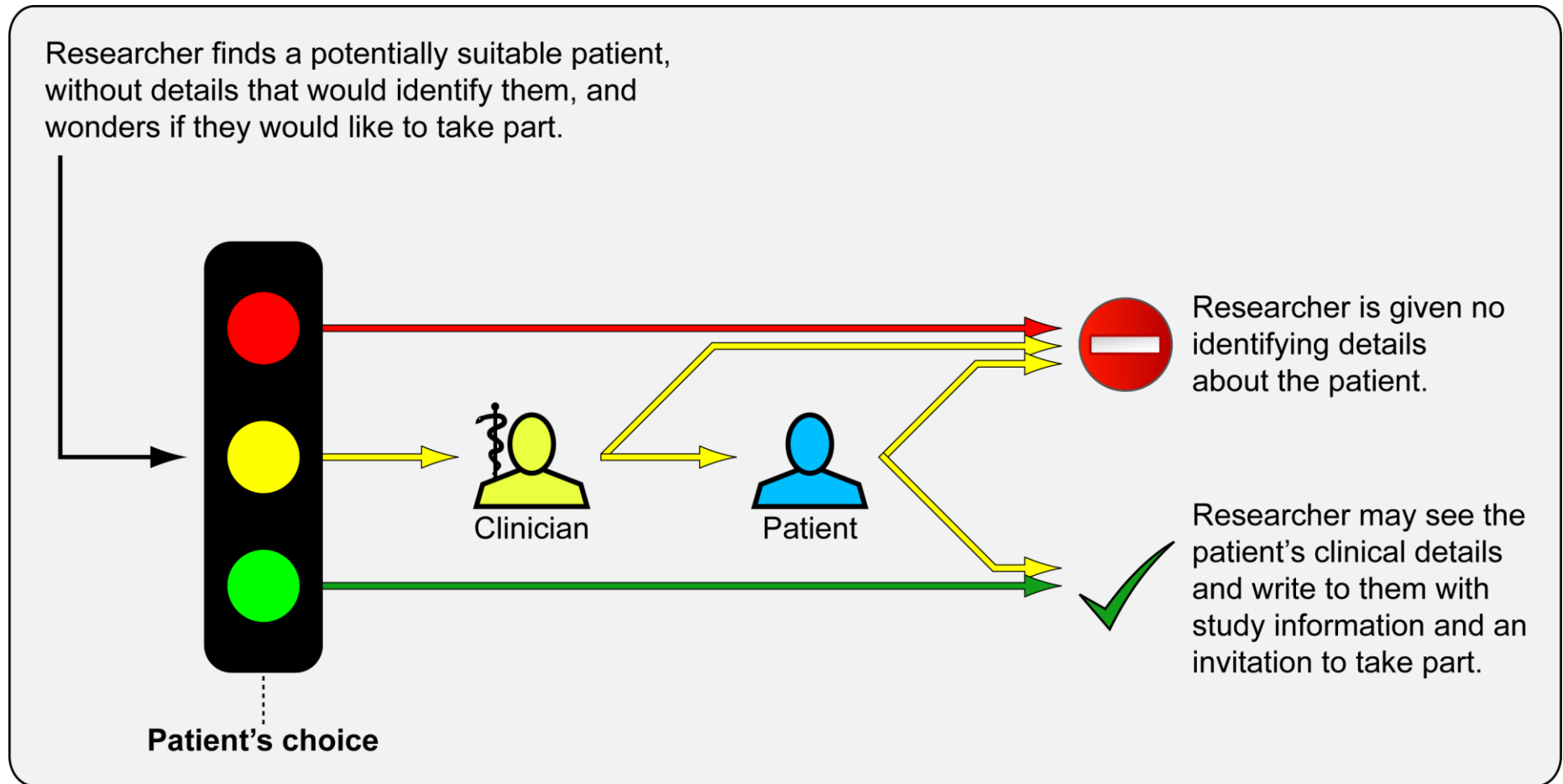
Can already remove some kinds of generic information (e.g. postcodes, phone numbers).

Other techniques developed: e.g. “all names minus medical eponyms” blacklist.

Current databases

- CRS/CDL (Serco), 2005–2012 
 - ~160,000 patients; mental health secondary care
 - 7 Gb anonymised; primarily demographics, admissions, documents
- RiO, 2013–  
 - ~185,000 patients and growing; mental health secondary care
 - 120 Gb source data plus 662 Gb documents (not all useful!), growing fast; 36 Gb output
- PCMIS, 2008– 
 - >53,000 patients from psychological treatment service (70,000 referrals); mild to moderate depression/anxiety
 - 392 Mb source; well structured
- SystmOne, 2016–  
 - *coming soon? Community services; high volume; supplier difficulties*

Patient-contact research



“Unknown” treated as YELLOW (and patient asked their traffic-light preference).

Special methods for children and those lacking capacity.

Safeguards, e.g. automatically exclude patients who have died; additional patient preferences.

Research study requires its own ethics approval. Study consent a later step.

CamCOPS: Cambridge Cognitive and Psychiatric Assessment Kit

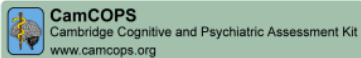
- Clients (Android, Windows, Linux; soon iOS, OS/X) + institution-hosted web server.
- **Offline** operation, secure info transfer.
- **Clinical assessment:** clerking, progress notes, photos, referrals, diagnostic coding, discharge information...
- **Questionnaire-style tasks** (e.g. self-administered and clinician-scored rating scales, cognitive assessments).
- More complex **animated tasks** (e.g. 3D intradimensional / extradimensional set-shifting).
- Methods to deal with different kinds of copyright restrictions.
- Operates in **clinical and research environments** (e.g. identifiable versus pseudonyms).
- Definable group-level ID policies and security structure.
- Free (speech, beer). Cost = IT infrastructure (tablets, server, etc.).
- **In use for clinical research and coming into routine clinical practice.**





Client/server views

PATIENT, TEST (M). DOB: 23 Nov 1983. NHS: 2.



PATIENT, TEST (M)
Date of birth: 23 November 1983
NHS number: 2

Psychiatric clerking (Clerking)
Created: 28 November 2013, 23:15 +0000 (patient

Clinician's specialty:

Clinician's name:

Clinician's professional registration:

Clinician's post:

Clinician's contact details:

Current contact

Location

Transplant HDU

Contact type (e.g. admission, referral, outpatients, e

Referred by hepatology

Reason for contact (e.g. patient's reason, professor

Low mood following liver transplant

Presenting issue(s) (history of presenting complaint)

Mr Patient felt well prior

OLT (donor/recipient Cl

6. Graft function is goo

He reports low mood an

leave hospital. He think

energy. He continues to

occasionally by ward n

some difficulty concentr

He has had no thoughts

Review of symptoms/sys

Unremarkable except s

Collateral history

Transplant team: doing

Wife: never anxious bel

Background

Diagnoses — psychiatric

Nil

Diagnoses — medical (p

Primary sclerosing cho

Cirrhosis, portal hypert

Eczema

Operations and procedur

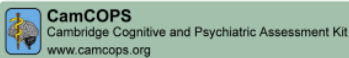
Orthotopic liver transpl

Ingrowing toenail excis

Allergies and adverse re

NKDA

PATIENT, TEST (M). DOB: 23 Nov 1983. NHS: 2.



PATIENT, TEST (M)
Date of birth: 23 November 1983
NHS number: 2

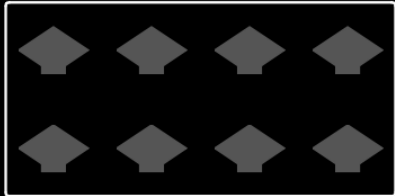
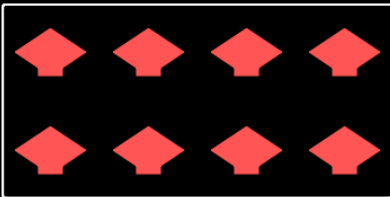
Patient Health Questionnaire-9 (PHQ-9)
Created: 28 November 2013, 23:14 +0000 (patient aged 30)

Completed?	Yes
Total score ¹⁹	6 / 27
PHQ9 depression severity: ²⁰	mild
Number of symptoms: core ¹⁹ , other ¹⁹ , total	1/2, 1/7, 2/9
PHQ9 major depressive syndrome? ²⁰	No
PHQ9 other depressive syndrome? ²⁰	Yes

Ratings are over the last 2 weeks.

Question	Answer
1. Little interest or pleasure in doing things	1 — Sev
2. Feeling down, depressed, or hopeless	2 — Mor
3. Trouble falling or staying asleep, or sleeping too much	0 — Not
4. Feeling tired or having little energy	1 — Sev
5. Poor appetite or overeating	0 — Not
6. Feeling bad about yourself — or that you are a failure or have let yourself or your family down	0 — Not
7. Trouble concentrating on things, such as reading the newspaper or watching television	2 — Mor

camcops



Patient Health Questionnaire (PHQ-9)

Over the last 2 weeks, how often have you been bothered by any of the following problems?

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Feeling down, depressed, or hopeless	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
3. Trouble falling or staying asleep, or sleeping too much	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. Feeling tired or having little energy	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Poor appetite or overeating	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. Feeling bad about yourself — or that you are a failure or have let yourself or your family down	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. Trouble concentrating on things, such as reading the newspaper or watching television	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
8. Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
9. Thoughts that you would be better off dead or of hurting yourself in some way	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>

If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

Pick 1:

☒ Not difficult at all

☐ Somewhat difficult

☐ Very difficult

☐ Extremely difficult

▶ **Alzheimer's Society** (O'Brien). Using medical records to diagnose dementia with Lewy bodies.

▶ **MRC Mental Health Data Pathfinder** (Cardinal). Cambridge themes:

1. Consolidating/extending the CPFT Research Database

▶ Linkage to ongoing cohort studies, and across mental/physical health.

▶ Cloud-based natural language processing (with KCL, Microsoft).

2. Improving the range and depth of structured clinical/cognitive data

▶ Integration of rapid, secure, structured data capture across research and clinical settings, ± large-scale online testing.

▶ Characterization of specimen cohorts, e.g. immunopsychiatry.

3. Tackling the mortality gap in serious mental illness

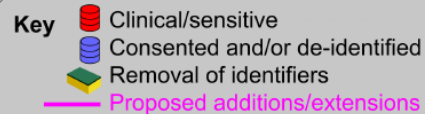
▶ Predict e.g. mortality using classical statistical and machine-learning approaches (with: Computer Lab, Microsoft Research UK).

▶ Inform interventions.

4. Democratizing mental health research

▶ Improved query tools/data visualization, inc. for clinician-/patient-led research.

▶ Patient/public involvement re best national system for consent for data use (for research and clinical purposes) and contact.



NHS
National Institute for Health Research
 Cambridge Biomedical Research Centre

CAMBRIDGE UNIVERSITY
 Health Partners

National data sets
 e.g. NHS Digital, ONS

