CONSENT FOR CONTACT (C4C)

NHS
South London and Maudsley
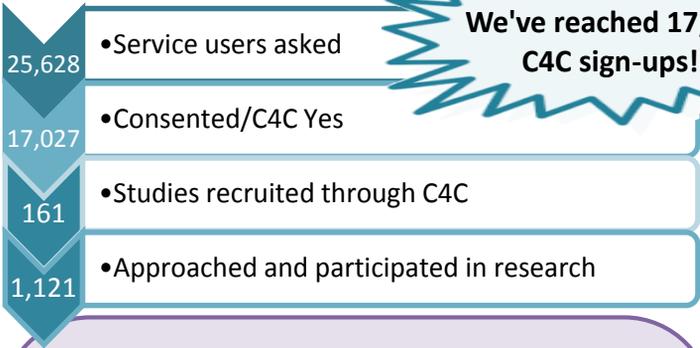NHS Foundation Trust

Welcome to the seventh edition of our newsletter. Thank you to service users, staff and the CRIS team for all the work involved in C4C research activity. We have had an exciting year collaborating with everyone involved in SLaM research. We hope you enjoy this edition of our newsletter and look forward to the year ahead and working more closely with you all.

The C4C Team

We've reached 17,000 C4C sign-ups!

25,628	• Service users asked
17,027	• Consented/C4C Yes
161	• Studies recruited through C4C
1,121	• Approached and participated in research

C4C leaflets available from www.slam.nhs.uk/c4c

A reminder…what is C4C?
Consent for Contact (C4C) is SLaM's research participation register. As part of standard procedures in SLaM clinical services, all service users are routinely asked permission for a researcher to screen their records for eligible research projects that they might be able to help with or benefit from.

If you think you are on the register and have changed your mind – just tell your clinician at SLaM, email us (c4c@slam.nhs.uk) or let a researcher know if they contact you and your C4C record will be changed.

C4C Quality Improvement (QI) Project
We are currently conducting a QI Project to improve the collaboration of everyone involved in research within SLaM.
So far we have collected feedback from service users and researchers about research involvement and the C4C register. This is what we've actioned…

Our improvements so far...

- We are increasing our collaboration and engagement of stakeholders through our Research Involvement Project Group. This group is made up of representatives from Research & Development, Clinical Record Interactive Search (CRIS), NIHR Maudsley Biomedical Research Centre (BRC), the C4C Team and a Clinician-Researcher. We are seeking further input from service users, clinicians and researchers – **please contact us if you are interested in being involved**.
- We are improving how we share our C4C Newsletter to keep all stakeholders informed and updated about ongoing research activity.
- We are improving how accessible our information is by creating a new and improved C4C leaflet.
- We have launched a NEW Recovery College Course "**Research: Do I want to get involved and what do I need to know?"** Find more information on **www.slamrecoverycollege.co.uk**

C4C SIGN UPS ACROSS SLAM MEMORY SERVICES

Croydon — Lewisham — Southwark & Lambeth

Increasing representation of over 65s in research has been a long-standing target for the BRC. With support from the SLaM Memory Services, over 200 service users over 65 have signed up to the C4C Register in the past 9 months

How we help clinical teams with C4C
#ASKPROVIDERECORDC4C

- **Face-to-face:** A C4C Project Worker offers training and guidance to a clinical team to support C4C recruitment.
- **Remote recruitment:** We contact service users via phone or post.
- **Long-arm intervention:** We sendC4C reminders and C4C figures via email.
- **Research Champion:** A clinician with a recognised interest in research to support their team with C4C and collaborate with us.

Croydon Memory Service enjoying a lunch celebrating their work with C4C Recruitment and Memory Research

Calling all service users!

Have you been involved in research? We want to hear from you and your story could be featured in our next Newsletter. Contact us (**c4c@slam.nhs.uk**) if interested.

Want to take part?

Lithium Quetiapine Depression Study
We are currently recruiting for a clinical trial, comparing two recommended treatments for people with depression. Participants must be currently experiencing depression and have taken at least two or more antidepressants in the current episode which they feel have not fully worked. To get in touch with us please phone on 0207 848 5305 or email **LQDstudy@kcl.ac.uk**.

**Cognetivity Study
(a memory research study)**
We want to know if our test can help identify factors that might be linked to mild cognitive impairment or Alzheimer's disease. For more information please email **memory.research@kcl.ac.uk**

If you or anyone in your team has an interest in research or you would like further information about C4C then invite us to your business meeting!

E: c4c@slam.nhs.uk   **www.slam.nhs.uk/c4c**   **T: 020 7848 0644**